



Memorial Day Weekend Zikr Retreat

Abode of the Message
New Lebanon, New York
7:00PM Friday, May 27 to
12:00 noon Monday, May 30, 2011

with Imam Salim Chishti and Tara Inayat Chishti

*"There is a polish for every substance
and the polish for the human heart is remembrance of God (Zikr Allah)"*

- Hadith

★ **Dances of Universal Peace** ★
★ **Wazifa** ★ **Prayer** ★
★ **Breathing and Light Practices** ★
★ **Zikr** ★

Through these practices we will explore the inner world of our soul. As we polish the heart with remembrance it is cleansed of impressions left by the vicissitudes of life and becomes a clear channel for us to recognize our own inner world. Our connection with divine inspiration and guidance grows and we are able to better integrate our inner and outer lives.

Tara Inayat and Imam Salim Chishti have worked with zikr and lead group and personal retreats for over 25 years. They are certified retreat guides, cherags, and representatives in the Sufi Order International. Tara Inayat is also an Acupuncturist and Shefayat in the Sufi Healing Order. Imam Salim is the Imam in residence at the Abode of the Message and leads prayers and dream interpretation. They are both researching historic Chishti healing practices in India and other locations around the world.

Cost: \$99.00 – early bird price \$75.00 if paid in full before May 1, 2011

To register call the Abode Programs Office at 518-794-8095 X 114 or email programsoffice@theabode.net

For more information email zikrretreat@imamsalim.com